

~~~~~Starters~~~~~

|                                                                                                                 |                             |
|-----------------------------------------------------------------------------------------------------------------|-----------------------------|
| <b>Chefs Homemade Soup</b>                                                                                      | £6.95                       |
| Warm Freshly Baked Bread                                                                                        |                             |
| <b>Confit Duck Croquettes</b>                                                                                   | £7.95                       |
| Smoked paprika aioli                                                                                            |                             |
| <b>Pan Seared Crab Cake</b>                                                                                     | £9.50                       |
| Crispy leeks and katsu sauce                                                                                    |                             |
| <b>Homemade Chicken and Pork Terrine</b>                                                                        | £8.95                       |
| Layers of cranberry and pistachios with pickled gherkins and crusty bread                                       |                             |
| <b>Penderyn BBQ Pork Belly Bites</b>                                                                            | £8.50                       |
| Rustic Winterslaw                                                                                               |                             |
| <b>Truffled Macaroni and Cheese Bites</b>                                                                       | £8.95                       |
| Welsh chilli jam                                                                                                |                             |
| <b>Welsh Rarebit Topped Wild Mushroom Tart</b>                                                                  | £9.50                       |
| Soft poached egg and a hollandaise sauce                                                                        |                             |
| <b>Blas Grazing Board</b>                                                                                       | £13.95 for 1 / £25.95 for 2 |
| Selection of sliced meats, mini mozzarella, grapes, olives, selection of crudite's, focaccia, crackers and dips |                             |

~~~~~Mains~~~~~

| | |
|---|--------|
| Blas House Salad | £15.95 |
| Boiled hens egg, cheddar cheese, crispy bacon, red onion, tomato, house dressing | |
| Warm Winter Superfood Salad | £17.95 |
| Baby spinach, curly kale, roasted beets and squash, grilled asparagus, mixed seeds and nuts | |
| Add Chargrilled Chicken Breast to your Salad £7.95 | |
| Slowly Braised Welsh Lamb Ragu Tagliatelle | £19.95 |
| Basil Oil and Fresh Parmesan | |
| Herb Crusted Lamb Rump | £27.95 |
| Lyonnais potato, honey roasted heritage carrots, minted lamb jus | |
| Fillet of Salmon | £25.95 |
| With oven roasted new potatoes, tender stem broccoli, watercress sauce | |
| Braised Welsh Short Rib | £28.95 |
| Creamy horseradish mashed potato, seasonal vegetables and a bordelaise sauce | |

For any allergens, please speak to a member of the team



Blas Classics

| | |
|---|--------|
| Traditional Fish & Chips
Garden peas and a homemade tartar sauce | £17.95 |
| Locally sourced Pork and Leek Sausages
Creamy mashed potato and a caramelised onion gravy | £17.95 |
| Chefs Curry of the Day
Coconut and chilli rice, garlic flat bread and mango chutney | £17.95 |
| Welsh Faggots
Creamy mashed potato, mushy peas and a rich homemade gravy | £17.95 |

Off the Grill

| | |
|---|--------|
| Roots and Bean Burger
In a toasted brioche bun, baby gem lettuce, tomato, crispy onions, spicy relish, winterslaw and skin on fries | £17.95 |
| Celtic Pride Beef Burger
In a toasted brioche bun, baby gem lettuce, beef tomato, dijon mayo, crispy onions, winterslaw and skin on fries | £17.95 |
| Homemade and Buttermilk Chicken Burger with Avocado
In a toasted brioche bun, baby gem lettuce, tomato, crispy onions, spicey relish winterslaw and skin on fries | £18.95 |
| Add Fried Egg, Bacon or Cheese for £1.50 per item to any burger | |
| 8oz Grass Fed Ribeye Steak
Confit vine tomatoes, field mushroom, chunky chips and pea shoots | £26.95 |
| 10 oz Sirloin Steak
Confit vine tomatoes, field mushroom, chunky chips and pea shoots | £29.95 |
| 12oz Pork T-Bone Steak
Confit garlic and rosemary mushroom, roasted cherry vine tomatoes, triple cooked chunky chips and watercress | £22.95 |
| Lemon, Garlic and Ginger Chargrilled Chicken Breast
Winterslaw and skin on fries | £21.95 |

Side Orders

Pancetta Parmesan Truffle Fries
Rosemary Salted Skin on Fries
Sweet Potato Fries
Chunky Chips

Peppercorn Sauce
Port Wine Jus
Diane Sauce
Blue Cheese Sauce

Mixed Vegetables
Garlic Ciabatta
Side Salad
Onion Rings

All Side Orders £4.50 or 3 for £12

For any allergens, please speak to a member of the team



~~~~~Desserts~~~~~

|                                                                         |               |
|-------------------------------------------------------------------------|---------------|
| <b>Chefs Homemade Sticky Toffee Pudding</b>                             | <b>£7.50</b>  |
| Welsh gold ice cream, and butterscotch sauce                            |               |
| <b>Apple Crumble Cheesecake</b>                                         | <b>£8.25</b>  |
| Salted caramel sauce                                                    |               |
| <b>Warm Chocolate Fudge Cake</b>                                        | <b>£7.95</b>  |
| Welsh honeycomb ice cream                                               |               |
| <b>Chefs Homemade Almond Wedge</b>                                      | <b>£7.50</b>  |
| Welsh clotted cream ice cream and cherry gel                            |               |
| <b>Lemon Meringue Slice</b>                                             | <b>£8.50</b>  |
| Raspberry coulis and crushed meringue                                   |               |
| <b>Selection of Mario Ice Creams and Sorbets</b>                        | <b>£5.95</b>  |
| <b>Selection of Welsh Cheeses, Grapes, Chutney, Celery and Crackers</b> | <b>£10.95</b> |

~~~~~Port and Dessert Wines~~~~~

| Port | 100ml | Bottle | Dessert Wine | Glass | Bottle |
|-------------------------|--------------|---------------|---------------------------------|--------------|---------------|
| Grahams Fine White Port | £5.60 | £35.00 | Torres Floralis | £5.95 | £25.00 |
| Grahams LBV Port | £6.90 | £43.00 | Hermanos Torrontes Late Harvest | £6.95 | £26.00 |
| Grahams Fine Ruby Port | £5.90 | £37.00 | | | |

~~~~~Hot Beverages~~~~~

|                 |       |               |       |
|-----------------|-------|---------------|-------|
| Tea Selection   | £2.90 | Mocha         | £3.85 |
| Cappuccino      | £3.85 | Flat White    | £3.60 |
| Café Latte      | £3.60 | Hot Chocolate | £3.85 |
| Single Espresso | £3.10 | Americano     | £3.60 |
| Double Espresso | £3.60 | Coffee Cream  | £3.60 |

For any allergens, please speak to a member of the team



~~~~~ *Sandwich Option* ~~~~~

| | |
|---|--------|
| Ham Salad | £8.95 |
| Welsh Mature Cheddar and a Caramelised Red Onion Chutney | £8.95 |
| Egg and Cress | £8.95 |
| Mature Welsh Cheddar and Roasted Ham | £10.95 |

| | |
|---|--------|
| Chicken Club | £15.95 |
| Chicken, bacon, lettuce, tomato and dijon mustard | |

All Served in a ciabatta or Bloomer bread with a Salad Garnish and Real Crisps
Upgrade to Chunky Chips for £2.00

| | |
|---|--------|
| Fish Goujon | £12.95 |
| Served on a ciabatta, baby gem lettuce, homemade tartar sauce, Blas side salad and Anglesey Sea salted crisps | |

Vegan and Vegetarian Menu

~~~~~ *Starters* ~~~~~

|                                        |       |
|----------------------------------------|-------|
| <b>Chefs Homemade Soup</b>             | £6.95 |
| Vegan Cheese Fritter, Sour Dough Bread |       |

|                            |       |
|----------------------------|-------|
| <b>Deep Fried Halloumi</b> | £7.45 |
| With a sweet chilli dip    |       |

|                             |       |
|-----------------------------|-------|
| <b>Sweet Potato Bites</b>   | £8.45 |
| Rocket and Mint Yoghurt Dip |       |

~~~~~ *Mains* ~~~~~

| | |
|--|--------|
| Pea and Asparagus Risotto | £21.45 |
| With vegan cheese and crisps rocket leaves | |

| | |
|--|--------|
| Three Bean Chilli | £18.45 |
| Served with rice and a toasted flatbread | |

| | |
|---------------------------------------|--------|
| Pea and Mint Falafel Burger | £17.45 |
| With guacamole and sweet potato fries | |

~~~~~ *Desserts* ~~~~~

|                                       |       |
|---------------------------------------|-------|
| <b>Chocolate and Clementine Torte</b> | £7.45 |
| Served with a blood orange sorbet     |       |

|                                    |       |
|------------------------------------|-------|
| <b>Salted Caramel Cheesecake</b>   | £7.45 |
| Served with a salted caramel sauce |       |

|                                         |       |
|-----------------------------------------|-------|
| <b>Selection Ice Creams and Sorbets</b> | £5.95 |
|-----------------------------------------|-------|

For any allergens, please speak to a member of the team